

GROUP EXERCISE STUDIO

15 John L Dietsch Blvd Attleboro Falls, MA 02763 | 508-643-0060

Rian Fortier Group X Director

rian_owen@answerisfitness.com

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
5:30a	JENN	JENN	JENN		KAREN/JENN	8:00a	CHRISTINE	JENN
8:00a						9:00a	KERRI	KAREN
9:00a	CHRISTINE	KAREN	KERRI	CHRISTINE	KAREN	10:00a	TRACY	LEANNE/THERESA 10/1
10:00a	KERRI		KERRY		KERRY	11:00a	YOGA - KATHY	
4:00p								
4:30p	CHRISTINE		KAREN					
5:00p		JENN		KAREN				
5:30p	DEB F		CHRISTINE					
6:00p		TRACY		KERRI	HULA HOOP FITNESS* NANCY			
6:30p	KERRI		HIIT TRAINING NATALIE					
7:00p		HULA HOOP FITNESS* NANCY						
7:30p	YOGA - KATHY		YOGA - KATHY					

CINEDROME

Sign up required for ARC, SPARC & Cycle Classes

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
5:30a				DAN		8:00a	CRYSTAL	
9:00a	CRYSTAL - EFFECTIVE 11/6		RIAN - EFFECTIVE 11/1	KAREN		9:00a	CYCLE 75 SHERRI	CINDY/CRYSTAL
5:30p			SHERRI					
6:00p	SHERRI							
6:30p		CHRISTINE						
7:00p								

PLAYCARE HOURS:
 Monday to Thursday: 8:30 am - 12:00 pm
 4:00 pm - 8:00 pm
 Friday: 8:30 am to 12:00 pm
 Saturday: 8:00 am - 12:00 pm
 Sunday: 8:30 am to 12:00 pm

*HULA HOOP FITNESS - PLEASE NOTE TO GET PASS, SPACE IS LIMITED, 30 SPOTS.