

# Answer is Fitness™

## GROUP EXERCISE STUDIO

Answer is Fitness North Attleboro  
**SUMMER SCHEDULE**

15 John L Dietsch Blvd Attleboro Falls, MA 02763 | 508-643-0060

**Rian Fortier Group X Director**  
 rian\_owen@answerisfitness.com

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
5:30a		JENN	JENN		KAREN/JENN	8:00a	CHRISTINE	JENN
8:00a					JENN/KAREN	9:00a	KERRI	KAREN
9:00a	CHRISTINE	KAREN	KERRI	CHRISTINE	KAREN	10:00a	TRACY	
10:00a	KERRI		KERRY		KERRY	11:00a	YOGA - KATHY	
4:00p								
4:30p	CHRISTINE		KAREN					
5:00p		JENN		KAREN				
5:30p	SHERRI		CHRISTINE		HULA HOOP FITNESS* NANCY			
6:00p		TRACY		KERRI				
6:30p	KERRI		TEACHER ROTATION					
7:00p		HULA HOOP FITNESS* NANCY						
7:30p	YOGA - KATHY		YOGA - KATHY					

## CINEDROME

*Sign up required for ARC, SPARC & Cycle Classes*

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
5:30a				DAN		8:00a	CRYSTAL	
9:00a		KERRI	CHRISTINE	KAREN	KERRI	9:00a	CYCLE 75 SHERRI	CINDY/CRYSTAL
5:30p			SHERRI					
6:00p								
6:30p	SHERRI	CHRISTINE						
7:00p								

### PLAYCARE HOURS:

Monday to Thursday: 8:30 am - 12:00 pm  
 4:00 pm - 8:00 pm

Friday: 8:00 am to 12:00 pm

Saturday: 8:00 am - 12:00 pm

Sunday: 8:30 am to 12:00 pm

\*HULA HOOP FITNESS - PLEASE NOTE TO GET PASS, SPACE IS LIMITED, 30 SPOTS.

IN EFFECT AS OF JUNE 26<sup>TH</sup>, MONDAY. CLASSES ARE SUBJECT TO CHANGE. GROUP X DIRECTOR RIAN FORTIER RIAN\_OWEN@ANSWERISFITNESS.COM