

## GROUP EXERCISE STUDIO

15 John L Dietsch Blvd Attleboro Falls, MA 02763 | 508-643-0060

Rian Fortier Group X Director

rian\_owen@answerisfitness.com

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
5:30a	JENN	JENN	JENN		JENN/KAREN	8:00a	CHRISTINE	JENN
8:00a						9:00a	KERRI	KAREN
9:00a	CHRISTINE	KAREN	CHRISTINE	CHRISTINE	KAREN	10:00a	RIAN	LEANNE/THERESA
10:00a	RIAN	CHRISTINE N COMING SOON!	KERRY	JESS	KERRY	11:00a	YOGA - KATHY	
4:00p								
4:30p	CHRISTINE		KAREN					
5:00p		JENN		KAREN				
5:30p	KERRI		CHRISTINE					
6:00p		DENISE		KERRI	Hula NANCY			
6:30p	KERRI		DEB					
7:00p		Hula NANCY		KERRY				
7:30p	YOGA - KATHY		YOGA - KATHY					

## CINEDROME

Sign up required for ARC, SPARC & Cycle Classes

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	TIME	Saturday	Sunday
5:30a						8:00a	CRYSTAL/KERRI	
9:00a	CRYSTAL	SAMANTHA	RIAN	KAREN		9:00a	SHERRI	CRYSTAL/CINDY
5:30p		SHERRI						
6:00p	SHERRI		SHERRI					
6:30p		CHRISTINE						
7:00p								

### PLAYCARE HOURS:

Monday to Thursday: 8:30 am - 12:00 pm  
4:00 pm - 8:00 pm

Friday: 8:30 am to 12:00 pm

Saturday: 8:00 am - 12:00 pm

Sunday: 8:30 am to 12:00 pm

\*HULA HOOP FITNESS - SPACE IS LIMITED, 30 SPOTS.